

# welcome

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# message from the early childhood partnership of mat-su

Welcome to the Diving Deeper Early Childhood Educator's Conference. We are so excited for you to join us and for the partnership to be able to offer training opportunities for our local childcare providers. What you do makes a huge impact on the lives of the children here in the Mat-Su and we want to Thank You for all the hardwork you put in to taking care of our young ones. We heard the need from all of you about having a conference that was local, easier to attend, and didn't cost so much and we hope this meets all of those requests.

This conference hopes to take some of the basic level trainings deeper. Learning more in depth details about how to work with children and diving deeper into their emotional well-being.

The partnership would also like to thank all of our presenters and trainers who are taking time out of their busy schedule and their weekend to be a part of this conference. Without all of them saying, "Yes". This conference would not have been possible. These are some pretty outstanding people who care not only about the children we all serve, but also the providers who care for those children.

If you have not yet joined the partnership be sure to e-mail Ashley Kincaid the Partnership Advocacy Chair to be put on the email list. She can be reached at: admin@unitedwaymatsu.org. Also look for us on facebook at www.facebook.com/EarlyChildhoodMatSu. We also have a closed facebook group called Early Childhood Provider Community - MatSu that you can request to be a part of. This group was created so local providers could get to know one another, share ideas, and network.

We hope you all enjoy the conference, getting to know one another, and hopefully learning something new.

Sincerely,

The Early Childhood Partnership of Mat-Su

'It is the supreme art of the teacher to awaken joy in creative expression and knowledge." ~Albert Einstein

"It takes a big heart to help shape little minds." ~Anonymous

"They may forget what you said but they will not forget how you made them feel." ~Anonymous



# friday schedule may 13th

#### PRECONFERENCE TRAININGS

#### 1:00-2:00PM Safe Sleep - SIDS Training Lift (Left of the Foyer)

Trainers: Abigail Newby-Kew, MPH Maternal and Child Health Epidemiologist Section of Women's, Children's and Family Health, Alaska Division of Public Health

Sabra Anker Perinatal Nurse Consultant Section of Women's, Children's and Family Health Alaska Division of Public health

Rebekah Morisse, RN, BSN, MPH Perinatal & Early Childhood Health Unit Manager Section of Women's, Children, and Family Health Alaska Division of Public Health

# 2:15-5:45 PM Infant CPR & First Aid Training Lift

Trainer: Tundra Training & Safety

This is a 2 year certification for Infant and Adult CPR Training.



#### 6:00 - 8:00 PM KEYNOTE PLENARY SESSION Sanctuary ACEs

Trainers: Deb Haynes, Ayla Turner, & Staci Manier

Dinner will be served at this event, as well as, dessert. No childcare provided.

We are excited to bring you the ACEs (Adverse Childhood Experiences) training. This is a community wide effort to bring attention to reducing children's ACEs.

"ACEs are stressful or traumatic experiences, including abuse, neglect, witnessing domestic violence, or growing up with substance abuse, mental illness, or a parent in jail.

Childhood trauma may lead to serious health problems that last into adulthood and even future generations, researchers have found. The cause: Children's stress hormones can reach toxic levels that interfere with their brain development. It doesn't have to be this way.

The good news is that people can recover. Preventing ACEs and building resilience in Alaskans who have experienced them has the potential to pay enormous dividends, from less use of state health and social services to increasing the competitiveness of Alaska's work force.

Communities and agencies statewide are already using ACE research. Homer teens lead sessions on building resilience, and schools from Kotzebue to Juneau use the finding to better understand students' behavior and support student achievement. Doctors are screening for ACEs and incorporating that knowledge into their health care recommendations. Juvenile justice professionals have become trauma-informed. From public safety to public health to corporate Alaska - ACEs matter - and more Alaskans are becoming informed."

~Division of Health, State of Alaska

# saturday schedule: may 14th

8:00-8:30 AM Doors Open

Yoga & Breakfast - In the Sanctuary

Trainers: Theresa Hopper Midnight Sun Yoga Studio

8:30 - 10:00 AM
BREAKOUT SESSION
Working with Children who Experience
Developmental Delays
Lift (left of the Fover)

Trainer: Kelly McBride Resource Specialist

Mat-Su Borough School District

Setting the Stage for Learning: Room Arrangement as a Teaching Strategy Portable 1 (Outside Left Side of Church)

Trainer: Donna J. Wade, M.Ed.

Sarah Wright
Professional Dvlpmnt Specialist

Dir. of Outreach & Program Expansion thread

thread

10:00-10:15 BREAK - Relax and Refresh

10:15 - 11:45 AM BREAKOUT SESSION Challenging Behaviors Lift

Trainer: Kelly McBride Resource Specialist

Mat-Su Borough School District

Kindy Tools and Talk Portable 1

Trainer: Gena Graves

Passage House Coordinator & Success By 6 Chair

Covenant House

11:45 AM - 1:00 PM LUNCH BREAK

Lunch will be provided on campus,.

1:00 - 2:30 PM BREAKOUT SESSION

Positive and Productive Partnerships with Parents

Lift

Trainers: Neva Lancaster Bonnie Monson
Mentor Coach Center Coordinator

CCS Early Learning Chugiak

Muscle Your Way Through Obstacle Play Portable 1

Trainers: Bridget Kelly Paige Chase
Family Educator Associate Educator
CCS Wasilla CCS Wasilla

2:30 - 2:45 PM BREAK - Relax and Refresh

2:45 - 4:45 PM BREAKOUT SESSION

Learn & Grow Orientation: Alaska's Quality Recognition & Improvement System

Sanctuary

Trainer: Meghan Johnson QRIS Director thread

5:00 - 7:00 PM KEYNOTE PLENARY SESSION Sanctuary Golden Apple Awards

Presenters: DVD Appearance by Governor Walker & Senator Murkowski. Dinner will be served at this event, as well as, dessert. Families of nominess welcome.

### saturday breakout session descriptions

#### Working with Children who Experience Developmental Delays

This session will talk about typical and atypical developmental milestones. Strategies for talking to families about concerns, resources in the community, and differentiation in the early childhood setting to meet unique needs.

#### **Setting the Stage for Learning**

This training explores how the classroom environment effects young children's learning. As we set up our programs we can convey positive message about learning. Room Arrangement as a Teaching Strategy offers specific strategies teachers can use to create positive and supportive environments for children. Participants will see how poorly organized environments can work against children and providers, and how a well-organized one can work for them, making both learning and teaching more creative, rewarding and enjoyable.

#### **Challenging Behaviors**

This session will give participants an understanding of the pyramid model including building relationships and structuring environment. Strategies for implementing positive behavior supports, self-regulation and social skills in the early childhood setting.

#### Kindy Tools and Talk

In the final push in preparing our little ones for Kindergarten there is a lot to know. We will examine the tools and instruction that will make a real difference, having fun the entire time. Workshop will be based on the Ready for Kindergarten program and participants will be receive instruction and materials to use as they work with their children in preparing to successfully enter Kindergarten ready to learn.

#### Positive and Productive Partnerships with Parents

How to foster strong communication and build partnerships with each family to best support the physical, social, emotional and cognitive development needs of their children.

#### Muscle Your Way Through Obstacle Play

Experience obstacle course building at it's most fun! Join educators in experimenting with different equipment and themes for obstacle courses for your classroom. Discover fun, new and creative ways to utilize obstacle courses to engage students of all developmental stages. Learn how to include and involve behaviorally or physically challenged learners. Help enhance your children's motor development and learning while inspiring curiosity through movement.

#### Learn & Grow Orientation: Alaska's Quality Recognition & Improvement System

Learn & Grow is a recognition system that advances the quality of early care and learning to foster the success of young children. Learn & Grow provides a framework for all early care and learning programs to follow as they participate in continuous quality improvement activities. Learn & Grow resources and supports include:

- coaching and technical assistance
- funding for professional development
- quality improvement grants.

# booths on saturday

#### Alaska Wildbird Rehabilitation Center

- -They will be at the conference during the Lunch Break
- -Opportunity to sign up for hands-on learning at your center

#### **Denali Family Services**

-They will be at the conference during the Lunch Break

#### **Door Prize Table**

#### Early Childhood Partnership of Mat-Su

#### HeartReach Center

-They will be at the conference during the Lunch Break

#### **Hopalong Yoga**

- -They will be present during the Morning Wake-Up
- -Opportunity to sign up for hands-on learning at your center

#### **Imagination Library**

Mat-Su Public Health

Safe Families - Resource for Families in Tough Times

thread

**United Way of Mat-Su** 



# thank you to our sponsors







